

# Fall Prevention

Falls are among the most common causes of serious work-related injuries and deaths. Employers must take measures in their workplace to prevent employees from falling off overhead platforms, elevated work stations or into holes in the floor and walls.

## To prevent fall injuries:

- Guard every floor hole that a worker can accidentally walk in to by using a railing and toeboard or a floor hole cover.
- Provide a guardrail and toeboard around every open-sided platform, floor or runway that is 4 feet or higher off the ground or next level.
- Regardless of height, if a worker can fall into or onto dangerous machines or equipment (such as a vat of acid or a conveyor belt), employers must provide guardrails and toeboards to prevent workers from falling and getting hurt.
- Other means of fall protection that may be required on certain jobs include safety harness and line, safety nets, stair railings and handrails.

## OSHA requires employers to:

- Provide working conditions that are free of known dangers.
- Keep floors in work areas in a clean and sanitary condition.
- Select and provide required personal protective equipment at no cost to workers.
- Train workers about job hazards in a language that they can understand.

For more information and additional risk management and prevention tools, visit: [fwcruminsurance.com](http://fwcruminsurance.com)